

THE  
**GALMONT**  
HOTEL & SPA

## *Your Guide To Galway*

Live like a local and step out in the city on foot, exploring bustling streets, trendy boutiques, coffee shops, pubs and lively nightlife. Whatever adventures you embark upon, all roads will lead back to The Galmont Hotel & Spa.

### TOUR EXPERIENCE

- We Wheel eBike
- City Sightseeing Hop On Hop Off Bus Tour
- Explore Galway with Candela
- Pedal Power Galway

### HISTORY & CULTURE

- Galway City Museum
- St Nicholas' Collegiate Church
- University of Galway
- Galway Cathedral
- Weekend Markets & Tiny Traders

### WATER ACTIVITY

- Corrib Princess
- Galway Bay Boat Tours
- Galway Rafting
- Rusheen Bay Watersports
- Escape Boats Galway
- Blackrock Diving Board in Salthill
- Salthill Promenade & Beach
- Corrib Walking Trail

### FOOD & DRINK EXPERIENCE

- Tour & Taste Galway
- Galway Food Tours
- Stroll to The Stout
- Experience Galway
- Tribe Irish Gin School
- Micil Distillery

### FAMILY FAVOURITES

- Galway Atlantaquaria
- Great Escape Rooms
- Galway City Indoor Karting
- Monkey Business
- St. Bridgets Garden
- Wildlands
- Turoe Pet Farm
- Loughwell Farm Park

### DAY ACTIVITIES

- Kylemore Abbey
- Aran Island Ferries
- Aer Arann Islands
- Connemara National Park
- Roundstone & Clifden
- Yoga Mara

### SHOPPING HIGHLIGHTS

- Brown Thomas
- Charlie Byrne's Bookshop
- Cloon Keen
- Claddagh and Celtic Jewellery
- Thomas Dillon's Claddagh Gold
- Geraghty's Menswear
- Hanley & Co.
- The Gift Edit by Blackthorn & Burton
- Colette Latchford Boutique
- Les Jumelles
- Kilkenny Design
- Kindf\_olk
- Mishnóc
- Outset Gallery

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CAFÉS

- Coffeewerk + Press
- Hazel Mountain Chocolate
- Fairhill Coffee
- Little Lane Coffee Company
- Butlers Chocolate Café
- The Secret Garden
- Kali Coffee Bar
- The Bakebox
- Álainn
- Blackrock Cottage
- Magpie Bakery

PUBS

- Murty Rabbitt's
- Tig Cóilí
- Tigh Neachtain's
- Busker Brownes
- McSwiggan's
- The Front Door Pub
- The Quays Bar
- Taaffes Bar
- O'Connor's (Salthill)

WINE BARS

- Sheridans Wine Bar & Wine Shop
- La Viña
- Trieste Café & Wine Bar
- Rouge Wine Bar
- The Lane Wine Bar

FESTIVALS

- Galway Film Fleadh  
(7th – 12th July )
- Galway International Arts Festival  
(13th – 26th July)
- Galway Races Summer Festival  
(27th July – 2nd August)
- Galway International  
Oyster & Seafood Festival  
(25th - 27th September)

SPORTS

- 9 Hole Golf Course  
at Glenlo Abbey Golf
- Connacht Rugby at Dexcom Stadium
- Galway GAA at Pearse Stadium
- Galway United Football Club  
at Eamonn Deacy Park

EXPERIENCES AT  
THE GALMONT

- Energize Fitness & Leisure  
18m Swimming Pool, Steam Room,  
Sauna, Jacuzzi & Outdoor Hot Tub
- Cocktails in Coopers Bar & Lounge
- Spirit One Spa & Thermal Suite
- Afternoon Tea in the City Thursday to  
Sunday (12 hours advance booking)
- Dining Marinas Restaurant and  
Coopers Bar & Lounge



TO FIND OUT MORE ABOUT ACTIVITIES  
AND EXPERIENCES DURING YOUR STAY,  
PLEASE SCAN THE QR CODE.