

STARTERS & SANDWICHES

SOUP OF THE DAY €9.00

homemade soda bread
contains wheat, oats, barley, soya, milk, celery, sulphites

GALWAY BAY SEAFOOD CHOWDER €12.00

clams, mussels, prawns, fish from the harbour, homemade soda bread
contains fish, molluscs, crustaceans, wheat, oats, barley, soya, celery, sulphites

CAJUN CHICKEN CAESAR WRAP €14.00

grilled chicken, parmesan cheese, bacon lardons, focaccia croutons, creamy dressing, skinny fries
contains wheat, barley, egg, fish, soya, milk, mustard, sulphites

AUBERGINE PARMESAN SANDWICH €15.00

melted mozzarella, sundried tomato sauce, rocket leaves, ciabatta, skinny fries
contains wheat, soya, milk, sulphites
(vegan option available, ask your server)

WILD ATLANTIC PRAWN COCKTAIL €17.00

grilled lemon, watercress & rocket, chervil marie rose dressing, skinny fries, soda bread,
contains wheat, oats, barley, fish, egg, soya, milk, celery, mustard, sulphites

CLASSIC TOASTIE €13.00

Dubliner Cheddar, Limerick ham, Barna mustard, red onion, batch loaf, skinny fries
contains wheat, soya, milk, celery, mustard, sulphites

CRISPY PORK BELLY €14.00

Waterford Blaa, crispy pork, daikon radish, coriander, cucumber, spring onion, sesame slaw, skinny fries
contains wheat, celery, mustard, soya, sulphites, sesame

SIDES

ORGANIC LEAF SALAD €5.50

contains sulphites, soya, mustard

CREAMY MASH €5.50

contains milk, sulphites

TRIPLE COOKED CHIPS €5.50

contains soya, sulphites

ONION RINGS €5.50

contains wheat, soya, sulphites

MAIN COURSES

CAJUN CHICKEN CAESAR SALAD €14.50

grilled chicken, parmesan cheese, bacon lardons focaccia croutons, creamy dressing
contains wheat, barley, egg, fish, soya, milk, mustard, sulphites

CHANGE TO TIGER PRAWNS €4

contains crustaceans when served with tiger prawns

ARDSALLAGH GOATS CHEESE SALAD €14.50

roast butternut squash, charred onion, edamame beans, hazelnut, orange dressing
contains hazelnuts, sulphites, soya, mustard

GRILLED ATLANTIC SALMON SALAD €16.00

organic leaves, stem broccoli, sugar snaps, roasted yellow pepper, citrus vinaigrette
contains fish, soya, celery, mustard, sulphites

SOUP & TOASTIE COMBO €18.00

our soup of the day served with a classic toastie
contains wheat, milk, mustard, soya, sulphites

BUTTERMILK CHICKEN SANDWICH €20.00

pickled cucumber, fermented chilli mayo, brioche bun, skinny fries
contains wheat, barley, egg, mustard, soya, celery, sulphites

IRISH CHUCK & BRISKET BURGER €21.00

Dubliner cheddar, onion ring, skinny fries
contains wheat, barley, milk, egg, mustard, celery, soya, sulphites

DESSERT

WARM APPLE PIE €9.00

chantilly cream, vanilla ice-cream
contains gluten, egg, soya, milk, sulphites

CHOCOLATE & HAZELNUT BROWNIE €9.00

salted butterscotch ice cream, blackcurrant relish
contains wheat, milk, soya, egg, hazelnuts, sulphites

GALMONT KNICKERBOCKER GLORY €10.00

lashing of ice cream, warm caramel, whipped cream, sweet cherries, toasted almonds
contains egg, milk, almonds, soya, sulphites

Our kitchen handles shellfish, nuts, flour & eggs throughout every section. While every effort has been made not to use these items where stated we can not 100% guarantee that a dish has not come in contact with these ingredients. Allergens are listed below the dishes.

The Galmont uses Irish Beef all on menus.