

STARTERS

SOUP OF THE DAY

homemade soda bread
*contains barley, oats, wheat, soya,
milk, celery, sulphites*

GALWAY BAY SEAFOOD CHOWDER

homemade soda bread
*contains barley, oats, wheat, crustaceans,
fish, soya, milk, celery, sulphites, molluscs*

ARDSALLAGH GOATS CHEESE SALAD

local organic leaves, hazelnuts, dried cranberries,
roast beetroot, sherry dressing
contains hazelnuts, sulphites, soya, mustard

THORNHILL CONFIT DUCK SALAD

sesame coated squash, cashew nuts, chilli crisp,
mixed leaves, sour cherry, miso dressing
contains celery, sulphites, soya, mustard, cashews

MAIN COURSES

OVERNIGHT ROASTED SHORT RIB OF IRISH BEEF

roast garlic mash, baby carrots, tenderstem
broccoli, confit onions, port jus
contains contains milk, sulphites, soya, celery
ADD DUCK FAT POTATOES +€6

TAGLIATELLE PASTA

garryhinch wood wild mushrooms, roast garlic
& thyme cream, hazelnuts, parmesan
contains wheat, egg, soya, milk, hazelnuts, celery, sulphites
ADD TIGER PRAWNS +€8 ADD CAJUN CHICKEN +€4

PAN SEARED ATLANTIC SALMON

steamed spinach, creamy mash,
connemara smoked oyster cream
contains fish, milk, celery, sulphites, molluscs

BAKED CHICKEN SUPREME

potato rosti, roast cauliflower, carrot puree,
crispy bacon, roast garlic jus
contains milk, celery, sulphites
ADD A SIDE ORGANIC SALAD +€6

SIDES

enhance your dish with our seasonal sides - €6 each

ORGANIC LEAF SALAD

*contains sulphites,
soya, mustard*

CREAMY MASH

*contains
sulphites, milk*

TRIPLE COOKED CHIPS

*contains soya,
sulphites*

ONION RINGS

*contains sulphites,
soya, wheat*

BUTTERED GREENS

*contains milk,
sulphites*

ROSEMARY & DUCK FAT POTATOES

*contains milk
sulphites,*

VEGAN RUBY COLESLAW

*contains sulphites,
mustard*

DESSERTS

THE GALMONT KNICKERBOCKER GLORY

lashings of ice cream, warm caramel, whipped
cream, sweet cherries, toasted almonds
contains egg, milk, almonds, sulphites

CHOCOLATE & HONEYCOMB TART

salted butterscotch, whiskey pressed pear,
caramelised white chocolate ice cream
contains wheat, egg, soya, milk, sulphites

VANILLA CRÈME BRÛLÉE

white chocolate biscotti, blackberry sorbet
contains wheat, egg, milk, almonds, sulphites

WHITE CHOCOLATE & RASPBERRY MOUSSE

blondie crumb, almonds, raspberry
gel, velvet cloud yogurt
contains wheat, barley, oat, milk, egg, soya

THREE COURSES €47.50 P.P.

Our kitchen handles shellfish, nuts, flour & eggs throughout every section. While every effort has been made not to use these items where stated we can not 100% guarantee that a dish has not come in contact with these ingredients. Allergens are listed below the dishes.

The Galmont uses Irish Beef all on menus.